Overview
This document describes the protocol used by the CHOICE Project in inserting LARC in patients with no previous deliveries.

- If patient is using effective contraception or has been abstinent since LMP, **insert IUD today**.

  - Do not open hormonal or non-hormonal copper IUD packaging until you are certain that you can get into the cavity and uterus sounds to ≥6cm

  - If unable to insert IUD, try the following:
    - See if another clinician is available for assistance
    - Try dilation with paracervical block
    - Have patient return on her menses
    - Give misoprostol 400 mcg per vagina before bedtime and have her return in the morning for insertion

- If patient has been having unprotected intercourse, refer to the [LARC Insertion Algorithm](#)